

The creative nest studio  
Three days workshop

## I AM ENOUGH

FEBRUARY 8/9/10 and 14/15/16 2025

### DYE + RUST with eucalyptus and turmeric:

- Inkjet print in watercolor papers fotos of you/family
- White watercolour papers
- white fabric cotton/linen
- kitchen thread for bundle
- rusty flat objects
- spray bottle with half vinegar + half water
- scissor

### RESIN PAPERS:

- Epoxy resin (all have a wood stick + gloves) [https://www.amazon.com/Crystal-Non-Toxic-Scratching-Yellowing-Tumblers/dp/B086L1CDMT/ref=sr\\_1\\_7?crid=30HB06S6JL05H&keywords=epoxy+resin&qid=1705577006&srefix=epoxy+resin%2Caps%2C245&sr=8-7](https://www.amazon.com/Crystal-Non-Toxic-Scratching-Yellowing-Tumblers/dp/B086L1CDMT/ref=sr_1_7?crid=30HB06S6JL05H&keywords=epoxy+resin&qid=1705577006&srefix=epoxy+resin%2Caps%2C245&sr=8-7)
- Freezer paper [https://www.amazon.com/Reynolds-Freezer-Paper-Plastic-Coated/d/00EME5KZ0/ref=sr\\_1\\_3\\_pp?crid=248ZL5HH5Y7QM&keywords=freezer+paper&qid=1707131008&rdc=1&srefix=freezer+paper%2Caps%2C182&sr=8-3](https://www.amazon.com/Reynolds-Freezer-Paper-Plastic-Coated/d/00EME5KZ0/ref=sr_1_3_pp?crid=248ZL5HH5Y7QM&keywords=freezer+paper&qid=1707131008&rdc=1&srefix=freezer+paper%2Caps%2C182&sr=8-3)
- A scale
- Baby wipes
- UHU glue stick
- Vintage ephemera like old dictionary pages, old papers from books
- Scrapbooking papers
- Stamps
- Washi tapes
- Bring the inkjet photocopies that you create (seen in the video)
- A stapler

- A needle + DMC thread + sewing machine thread

## **ACETATE COLLAGE:**

- Acetate [https://www.amazon.com/dp/B09WRJ2HNF/ref=sspa\\_dk\\_detail\\_0?pd\\_rd\\_i=B09WRJ2HNF&pd\\_rd\\_w=kEVJT&content-id=amzn1.sym.386c274b-4bfe-4421-9052-ala56db557ab&pf\\_rd\\_p=386c274b-4bfe-4421-9052-ala56db557ab&pf\\_rd\\_r=MC5EGMR3SS2D6E1VX0CZ&pd\\_rd\\_wg=fY6ZF&pd\\_rd\\_r=9dcc5564-a7a0-4968-b136-9bed9e4a1943&s=office-products&sp\\_csd=d2lkZ2V0TmFtZT1zcF9kZXRhaWxhdGhlfWF0aWM&th=1](https://www.amazon.com/dp/B09WRJ2HNF/ref=sspa_dk_detail_0?pd_rd_i=B09WRJ2HNF&pd_rd_w=kEVJT&content-id=amzn1.sym.386c274b-4bfe-4421-9052-ala56db557ab&pf_rd_p=386c274b-4bfe-4421-9052-ala56db557ab&pf_rd_r=MC5EGMR3SS2D6E1VX0CZ&pd_rd_wg=fY6ZF&pd_rd_r=9dcc5564-a7a0-4968-b136-9bed9e4a1943&s=office-products&sp_csd=d2lkZ2V0TmFtZT1zcF9kZXRhaWxhdGhlfWF0aWM&th=1)
- You will print 4 black and white faces in the acetate paper (as seen in the video)
- Adhesive spray
- Scissor
- UHU glue stick
- Small original fotos
- ephemera that you like like scrapbooking papers, vintage papers
- stamps
- washi tapes
- 4 cardboards (like from a cereal box, from grocery)
- 4 Watercolor paper A4
- yellow tape
- Double side tape

## **ORGANIC ASSEMBLAGES:**

- Original photomatic black and white fotos or/and <https://www.simonsaysstamp.com/products/tim-holtz-idea-ology-photomatic-th94310>
- Leaves like eucalyptus, coconuts check my feed in IG so you have an idea [https://www.instagram.com/reel/CwQnFPZlfs/?utm\\_source=ig\\_web\\_copy\\_link&igsh=MzRIODBiNWFIZA==](https://www.instagram.com/reel/CwQnFPZlfs/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==)
- A stapler with extra staples
- Negative fotos + slides (optional)
- Needle
- DMC thread

- Sewing machine thread

## **BOOK COVER:**

- Two vintage hardbookcovers (mine are 7" x 5")
- One small tintype (optional again I just love them) or one photomatic foto
- One matchbox (mine is 2" x 1.20") optional or
- Objects that will fit in the book cover that I find in flea markets like old brushes, feathers, rulers, vintage stencils... [https://www.instagram.com/p/Cwj9\\_e\\_or4i/?utm\\_source=ig\\_web\\_copy\\_link&igsh=MzRIODBiNWFIZA==](https://www.instagram.com/p/Cwj9_e_or4i/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==)
- strong glue
- A minidater (optional)
- Tim holtz remnant rub specimen (optional I just love them) <https://www.simonsaysstamp.com/products/tim-holtz-idea-ology-specimen-remnant-rubs-th94047>
- A stamp with lettering (optional)
- A bone folder
- 3 awls
- An old glove for example who belonged to someone special is perfect to add in your artist book, think out of the box and search in your house for memories like the hair from yours childrens, drawings, recipes, a teeth...

Be relaxed that there will be all the supplies needed if you forget something.

The most important is what belongs to your story so please trust the process and bring originals fotos and personal small objects.

Please bring the inkjet photocopies as shown in the video  
If you have any questions I am here.

